

Music Therapy Internship at Rehabilitative Rhythms

2222 S. Fraser St. #2, Aurora CO 80014

Who We Are

Rehabilitative Rhythms is an innovative provider of high quality music therapy services to agencies and individuals throughout the Denver Metro Area. We see ourselves as partners with our clients, their families, and facility administrators and staff.

We feel that individuals with disabilities have value in our society, and we strive to serve these individuals and their families by providing a service that makes their lives better.



Site Benefits

Opportunity to work with team of music therapists and learn various approaches and styles

Opportunity to co-treat with PT/OT/SLPs in the community

Opportunity to work with a wide variety of populations in individual, group, and facility settings

- Acquired Brain Injury (Stroke, TBI)
- Autism and Developmental Disability (children and adults)
- Alzheimer's/Dementia
- Parkinson's Disease

*We also offer one PAID clinical assistantship for highly qualified applicants

Contact

Rebekah Stewart, MA, MT-BC
Internship Co-Director: Admissions &
Program Management
303.817.1531
Rebekah@PossibleWithMusic.org

Kristin Sjoberg, MA, MT-BC
Internship Co-Director: Clinical Training
303.817.1295
Kristin@PossibleWithMusic.org

Deadline for January Start Date: June 30
Deadline for June Start Date: Dec. 31

Entry Level Requirements and Competencies

Initial Application

- Completed Application Including:
 - Current Professional Resume
 - Letter of eligibility from your Academic Adviser. Legal affiliation between university and RRMT is not required, but is preferred.
 - University Transcripts (official or unofficial)
 - 2 letters of recommendation (at least one letter must speak to applicant's clinical skills)
 - Your eligibility for an interview is dependent upon your initial application

Interview

(on-site preferred, but accommodations are made to accommodate distance)

- Demonstrate Musical Skill Competency through:
 - Voice: You will be evaluated primarily on pitch accuracy and appropriate volume
 - Guitar: Prepare a song to be played and transposed on the guitar. You will be evaluated on accuracy of chords, strum pattern, and transposition skills.
 - Piano: Prepare a song from a different decade and genre to be played and transposed on the piano. You will be evaluated on accuracy of accompaniment pattern and transposition skills.
 - Sight Reading: There will be a simple sight reading component. You will be evaluated on accuracy of melody and accompaniment.
- Demonstrate Clinical Skill Competency through:
 - Documentation sample: Provide an example of your documentation from a clinical placement.
 - Live intervention sample: Prepare to play and discuss how the musical elements of a third, self-selected song or intervention could be used and/or altered to address a specific client goal. Think of this as a small case study in which you will provide us with a sample client and goal, and a well thought out and rationalized intervention.

Basic Entry-Level Requirements

- Play basic chord progressions in most major and some minor keys on guitar and piano
- Play I-IV-V in at least 3 keys on the autoharp
- Accurate and commanding singing voice
- Sight-read simple melodies with accompaniment
- Clinical experience with at least 2 age groups, and 3 different diagnoses

Program Overview

What We Believe

Rehabilitative Rhythms Music Therapy strives to give interns the tools for effective clinical practice.

Our Internship Experience includes a balance of support and independence, several opportunities to practice professional competencies and clinical skills, and experiences that enable an intern to develop his or her own therapist identity.



What will my internship entail?

- 40 hours/week for approximately 25 weeks
- Initial observation of all therapists in practice
- Opportunity to both independently lead and co-treat with music therapists and community partner therapists
- Opportunities to shadow community partner therapists
- Opportunity to treat individual and group sessions, in both clinic and facility settings
- Weekly supervision with music therapist
- Weekly projects including intervention plans, documentation, increasing repertoire, and reflection journal.
- Personal project on a population of interest including an initial research review followed by development, marketing, and implementation of 8-10 week self-contained music therapy group.

Who will I be working with?

- Rotations with all MT-BCs at Rehabilitative Rhythms Music Therapy (all therapists are master's level)
- Community PT, OT, SLP and ABA partners
- Home Health Nursing Staff
- Educators
- Day Program Staff

Additional Site Requirements

(Intern is responsible for obtaining/purchasing prior to start)

- Access to reliable, independent transportation
- Up to date (within 2 years) CPR certification
- Up to date (within 12 months) TB test
- Maintain professional liability insurance either individually or through the university
- Complete background check

Supervising Music Therapy Staff



Rebekah Stewart, MA, MT-BC
Music Therapist- Board Certified #10485
Neurologic Music Therapist, Fellow
Certified Music Together Teacher

Rebekah Stewart completed her undergraduate degree in voice performance at Azusa Pacific University and her master's degree in music therapy at the University of Missouri-Kansas City. In 2013, Rebekah completed the training institute at the Center for Biomedical Research at Colorado State University and became a member of the Robert F. Unkefer Academy of Neurologic Music Therapy. In 2015, she completed her training to become a certified Music Together Within Therapy instructor.

Rebekah has clinical experience working with a wide variety of populations in various settings including but not limited to traumatic and acquired brain injury rehabilitation, Alzheimer's/dementia, autism, developmental disabilities, pediatrics (general, oncology, rehabilitation), at-risk adolescents, and more. She has experience working with various interdisciplinary treatment teams, and initiates ongoing collaboration with other therapists in order to provide the highest quality of services for her clients.

Rebekah has supervised practicum students from the University of Missouri- Kansas City and recently worked to establish and co-direct Rehabilitative Rhythms' first music therapy internship . She held a research assistant position at the University of Missouri- Kansas City, and has written several recent research intervention protocols in collaboration with the University of Colorado Hospital. Rebekah has worked as an interventionist on several studies at both Craig Hospital and the University of Colorado Hospital. She also published her Master's Degree research project on songwriting in the journal Music Therapy Perspectives and contributed to a book chapter for caregivers of individuals with Alzheimer's disease.

Rebekah maintains an active membership in the Colorado Association of Music Therapists and the American Music Therapy Association, presents frequently at both regional and national conferences, and currently serves as the Continuing Education Committee Director for the Midwestern Region of the American Music Therapy Association.



Kristin Sjoberg, MA, MT-BC
Music Therapist-Board Certified #10639
Neurologic Music Therapist
Certified Music Together Teacher

Kristin Sjoberg completed her bachelor's degrees in music performance and psychology at Luther College and her master's degree in music therapy at the University of Iowa. In 2013, she completed additional training at Colorado State University to become certified in the Robert F. Unkefer Academy of Neurologic Music Therapy. In 2015, she completed training to become a Music Together and Music Together Within Therapy instructor.

Kristin has clinical experience working with a wide-ranging selection of individuals in various settings, including but not limited to private practice clinics, schools, hospitals, substance abuse programs, hospice, assisted living and nursing homes, adult day programs, and private homes. Kristin has served as an intern supervisor, and recently developed and currently serves as co-director for Rehabilitative Rhythms' music therapy internship.

Kristin has worked as an interventionist on research studies with the University of Colorado Hospital. She also has given several presentations to healthcare professionals on both music therapy and assistive hearing devices. Her graduate education focused on music therapy and speech and language, and in 2017, her collaborative research, "The Impact of Electric Hearing on Children's Timbre and Pitch Perception and Talker Discrimination," was published in *Cochlear Implants International*. Kristin is also active as a consultant, presenter and therapist in several Denver metro-area schools.

In addition to music therapy experience, Kristin worked as a program specialist for inner city youth, as a music teacher for a 'mommy and me' program, and as a researcher in Otolaryngology with the University of Iowa Hospitals and Clinics.

Kristin is a member of the American Music Therapy Association and the Colorado Association for Music Therapy.

SAMPLE Internship Overview

- Block 1: Observation and Co-Treating
 - 9 weeks long
 - Orientation on Week 1
 - 2 weeks shadowing and working with each therapist's caseload
 - Large and small groups (clinic and community based)
 - Individual Sessions (clinic and community based)
 - Adaptive Lessons (clinic based)
 - Weekly Projects:
 - Observation/reflection journal
 - Assessment writing
 - Increasing repertoire
 - Intervention creation
 - 1 hour/week direct supervision with supervising therapist
 - 1 Staff Meeting Per Month
 - Internship project:
 - Preferred population research review
 - Preparing marketing materials for group

- Block 2: Co-Treating and Leading
 - 16-17 weeks
 - Implementing therapy both independently in clinic and group settings, and co-treating with multiple MTs
 - Some leading is supervised and some is independent, depending on the needs of the intern
 - 10-15 Supervised clients/week with an MT-BC
 - Hopefully working with a small caseload that is uniquely yours
 - 5-10 Independent clients/week (unsupervised)
 - Weekly Projects:
 - Weekly Journal Topics
 - Domain-specific intervention plans, session notes, progress reports, full assessments
 - Increasing repertoire
 - 1 hour/week direct supervision with supervising therapist
 - 1 Staff Meeting Per Month
 - Shadowing 2 therapists from outside the practice
 - Videotaping for self-observation
 - Internship Project
 - Development of, marketing, and group recruitment presentation for group
 - Implementation of 8-10 week self-developed MT group, and final group case study presentation to RRMT therapists
 - Creation of population fact sheets

25-26 Weeks at 40 hours/week
Total Hours: 1,000-1,040

Additional Info

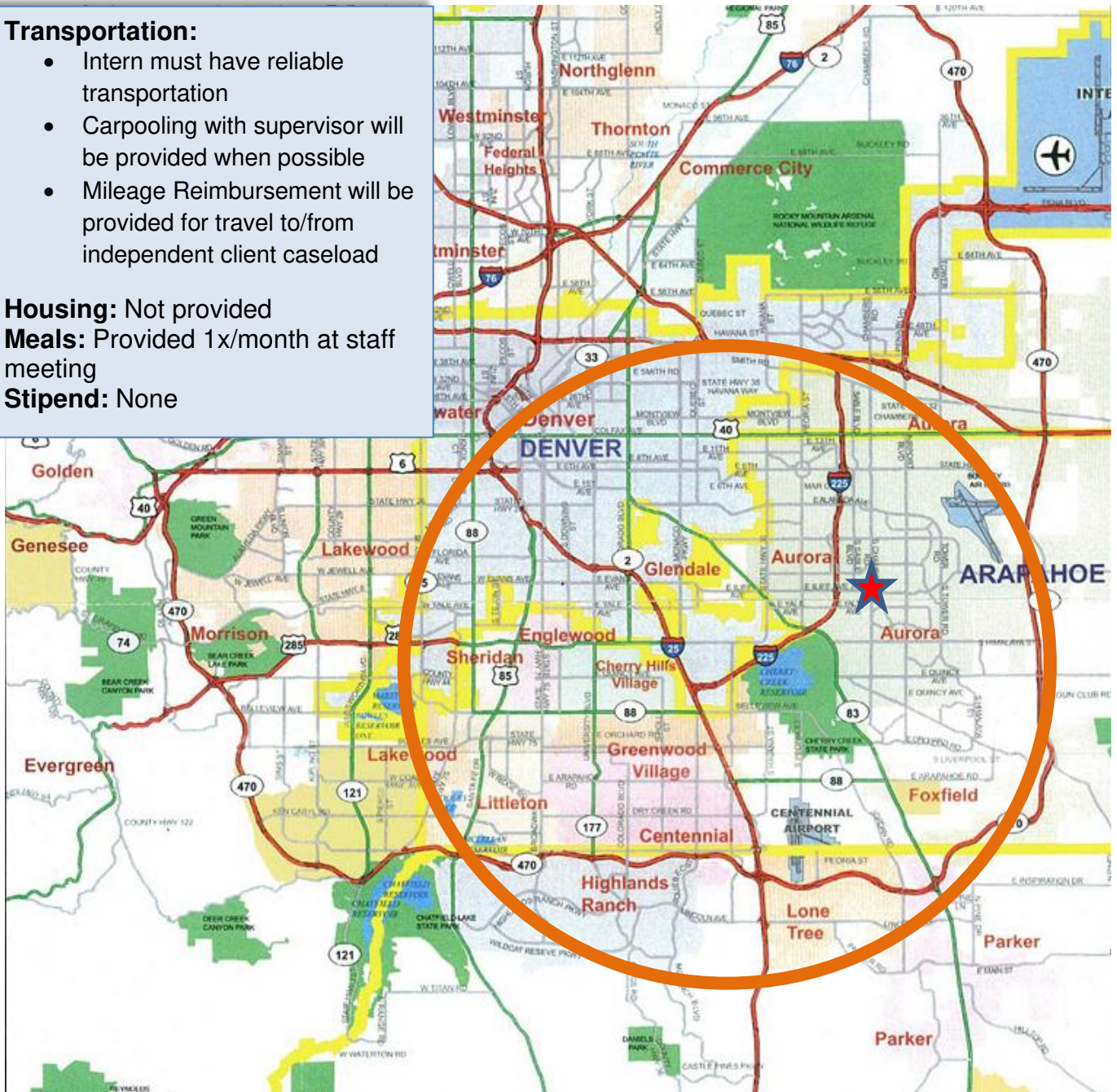
Transportation:

- Intern must have reliable transportation
- Carpooling with supervisor will be provided when possible
- Mileage Reimbursement will be provided for travel to/from independent client caseload

Housing: Not provided

Meals: Provided 1x/month at staff meeting

Stipend: None



OUR Aurora OFFICE



OUR MAIN AREA OF SERVICE