Music Therapy Internship at Rehabilitative Rhythms
2222 S. Fraser St. #2, Aurora CO 80014

Who We Are
Rehabilitative Rhythms is a 501c3 nonprofit organization and innovative provider of high quality music therapy and adaptive music making services to agencies and individuals throughout the Denver Metro Area. We see ourselves as partners with our clients, their families, and facility administrators and staff.

We feel that individuals with disabilities have value in our society, and we strive to serve these individuals and their families by providing a service that makes their lives better.

Site Benefits
Opportunity to work with team of music therapists and learn various approaches and styles

Opportunity to co-treat with PT/OT/SLPs in the community

Opportunity to work with a wide variety of populations in individual, group, and facility settings
- Acquired Brain Injury (Stroke, TBI)
- Autism and IDD (children and adults)
- Neurodegenerative diseases (Alzheimer's/Dementia Parkinson's Disease)

Kristin Sjoberg, MA, MT-BC
Internship Co-Director: Admissions & Program Management
303.817.1259
Kristin@PossibleWithMusic.org

Becky Lee, MM, MT-BC
Internship Co-Director: Clinical Training
303.817.1941
Becky@PossibleWithMusic.org

Deadline for January Start Date: June 30
Deadline for June Start Date: Dec. 31
Entry Level Requirements and Competencies

Initial Application

- Completed Application Including:
  - Current Professional Resume
  - Letter of eligibility from your Academic Adviser. Legal affiliation between university and RR is not required, but is preferred.
  - University Transcripts (official or unofficial)
  - 2 letters of recommendation (at least one letter must speak to applicant’s clinical skills)
  - Your eligibility for an interview is dependent upon your initial application

Interview

(on-site preferred, but accommodations are made to accommodate distance)

- Demonstrate Musical Skill Competency through:
  - Voice: You will be evaluated primarily on pitch accuracy and appropriate volume
  - Guitar: Prepare a song to be played and transposed on the guitar. You will be evaluated on accuracy of chords, strum pattern, and transposition skills.
  - Piano: Prepare a song from a different decade and genre to be played and transposed on the piano. You will be evaluated on accuracy of accompaniment pattern and transposition skills.
  - Sight Reading: There will be a simple sight-reading component. You will be evaluated on accuracy of melody and accompaniment.

- Demonstrate Clinical Skill Competency through:
  - Documentation sample: Provide an example of your documentation from a clinical placement.
  - Live intervention sample: Prepare to play and discuss how the musical elements of a third, self-selected song or intervention could be used and/or altered to address a specific client goal. Think of this as a small case study in which you will provide us with a sample client and goal, and a well thought out and rationalized intervention.

Basic Entry-Level Requirements

- Play basic chord progressions in most major and some minor keys on guitar and piano
- Play I-IV-V in at least 3 keys on the autoharp
- Accurate and commanding singing voice
- Sight-read simple melodies with accompaniment
- Clinical experience with at least 2 age groups, and 3 different diagnoses

www.possiblewithmusic.org    (303) 481-8134
RR Southeast: 2222 S. Fraser St., #2, Aurora, CO 80014
RR Southwest:26 W. Dry Creek Circle, Suite 120, Littleton, CO 80120
Program Overview

What We Believe

Rehabilitative Rhythms strives to give interns the tools for effective clinical practice.

Our Internship Experience includes a balance of support and independence, several opportunities to practice professional competencies and clinical skills, and experiences that enable an intern to develop his or her own therapist identity.

What will my internship entail?

- 40 hours/week for approximately 25 weeks
- Initial observation of all therapists in practice
- Opportunity to both independently lead and co-treat with music therapists and community partner therapists
- Opportunities to shadow community partner therapists
- Opportunity to treat individual and group sessions, in both clinic and facility settings
- Weekly supervision with music therapist
- Weekly projects including intervention plans, documentation, increasing repertoire, and reflection journal.
- Personal project on a population of interest including an initial research review followed by development, marketing, and implementation of 8-10 week self-contained music therapy group.

Who will I be working with?

- Rotations with all MT-BCs at Rehabilitative Rhythms (all therapists are master's level)
- Community partners and therapists
- Home Health Nursing Staff
- Educators
- Day Program Staff

Additional Site Requirements

(Intern is responsible for obtaining/purchasing prior to start)

- Access to reliable, independent transportation
- Up to date (within 2 years) CPR certification
- Up to date (within 12 months) TB test
- Maintain professional liability insurance either individually or through the university
- Complete background check
Supervising Music Therapy Staff

Kristin Sjoberg, MA, MT-BC
Music Therapist-Board Certified #10639
Certified Music Together Teacher

Kristin Sjoberg completed her bachelor’s degrees in music performance and psychology at Luther College and her master’s degree in music therapy at the University of Iowa. In 2013, she completed additional training at Colorado State University to become certified in the Robert F. Unkefer Academy of Neurologic Music Therapy. In 2015, she completed training to become a Music Together and Music Together Within Therapy instructor.

Kristin has clinical experience working with a wide-ranging selection of individuals in various settings, including but not limited to private practice clinics, schools, hospitals, substance abuse programs, hospice, assisted living and nursing homes, adult day programs, and private homes. Kristin has served as an intern supervisor and developed and currently serves as co-director for Rehabilitative Rhythms’ music therapy internship.

Kristin also serves as a therapist, consultant and presenter in several schools across the Denver metro area. Her presentations focus on integrating students with disabilities into music classrooms and integrating music therapy techniques into general or special education classrooms.

Kristin has worked as an interventionist on research studies with the University of Colorado Hospital. She also has given several presentations to healthcare professionals on both music therapy and assistive hearing devices. Her graduate education focused on music therapy and speech and language, and her collaborative research, "The Impact of Electric Hearing on Children's Timbre and Pitch Perception and Talker Discrimination," was published in Cochlear Implants International.

In addition to music therapy experience, Kristin worked as a program specialist for inner city youth, as a music teacher for a 'mommy and me' program, and as a researcher in Otolaryngology with the University of Iowa Hospitals and Clinics.

Kristin is a member of the American Music Therapy Association and the Colorado Association for Music Therapy.
Becky Lee, MM, MT-BC  
Music Therapist-Board Certified #14585

Becky completed her undergraduate education at University of Cincinnati with a bachelor’s degree in Piano Performance and a master’s degree in Music Therapy at Illinois State University. She was certified in the Robert F. Unkefer Academy of Neurologic Music Therapy in 2020.

Her clinical training was completed at Professional Child Development Associates in Pasadena, focusing on the DIRFloortime Model. Becky gained clinical experience working in various settings including schools, hospitals, private clinics, adult day programs, nursing homes, and assisted living facilities.

She has served as an internship supervisor at Rehabilitative Rhythms since 2020. There, she manages the Adaptive Music Lab, a program that uses adaptive musical equipment and tools to serve individuals with disabilities. Becky also actively presents at conferences, specializing in music therapy and sensory needs.

Before pursuing her music therapy career, Becky was a collaborative pianist and a piano instructor at University of Cincinnati and Illinois State University. Becky is currently a member of the American Music Therapy Association and the Colorado Association for Music Therapy.

Alexander Powers, MM, MT-BC  
Music Therapist-Board Certified #15006

Alexander Powers completed his bachelor’s degree in music at Loyola University Chicago and his master’s degree in music therapy at Colorado State University. Prior to becoming a music therapist, Alexander gained experience as a performer and singer/songwriter in Chicago and Nashville. Alexander has collaborated with others in genres such as: rock, pop, jazz, blues, hip-hop, folk, & bluegrass.

Alexander has clinical experience working with a diverse group of populations including: Cerebral Palsy, Down Syndrome, Autism, and Alzheimer’s. He has worked in private practice clinics, schools, assisted living and nursing homes, adult day programs, and private homes. Alexander is interested in pursuing methods of adapting musical instruments for all interested populations. Following this interest, Alexander leads an adaptive band for individuals with brain injuries.

Additionally, Alexander manages Rehabilitative Rhythms’ social media and hosts the podcast.

Alexander is a member of the American Music Therapy Association and a member of the Colorado State Music Therapy Task Force.
SAMPLE Internship Overview

- **Block 1: Observation and Co-Treating**
  - 9 weeks long
  - Orientation on Week 1
  - 2 weeks shadowing and working with each therapist’s caseload
    - Large and small groups (clinic and community based)
    - Individual Sessions (clinic and community based)
    - Adaptive Lessons (clinic based)
  - Weekly Projects:
    - Observation/reflection journal
    - Assessment writing
    - Increasing repertoire
    - Intervention creation
  - 1 hour/week direct supervision with supervising therapist
  - 1 Staff Meeting Per Month
  - Internship project:
    - Preferred population research review
    - Preparing marketing materials for group

- **Block 2: Co-Treating and Leading**
  - 16-17 weeks
  - Implementing therapy both independently in clinic and group settings, and co-treating with multiple MTs
    - Some leading is supervised and some is independent, depending on the needs of the intern
    - 10-15 Supervised clients/week with an MT-BC
  - Hopefully working with a small caseload that is uniquely yours
    - 5-10 Independent clients/week (unsupervised)
  - Weekly Projects:
    - Weekly Journal Topics
    - Domain-specific intervention plans, session notes, progress reports, full assessments
    - Increasing repertoire
  - 1 hour/week direct supervision with supervising therapist
  - 1 Staff Meeting Per Month
  - Shadowing 2 therapists from outside the practice
  - Videotaping for self-observation
  - Internship Project
    - Development of, marketing, and group recruitment presentation for group
    - Implementation of 8-10 week self-developed MT group, and final group case study presentation to RR therapists
    - Creation of population fact sheets

25-26 Weeks at 40 hours/week
Total Hours: 1,000-1,040
**Additional Info**

**Transportation:**
- Intern must have reliable transportation
- Carpooling with supervisor will be provided when possible
- Mileage Reimbursement will be provided for travel to/from independent client caseload

**Housing:** Not provided

**Stipend:** None